

LINCOLN COUNTY LIVE WELL LINCOLN LEADERSHIP TEAM

Friday, November 7, 2025 - 9:00 AM

MINUTES

1. Call to Order and Introductions

Present: **Lincoln County Health Department:** Shelley Cohrs, Kristin Bath, Lexi Buntrock; **Lincoln County Social Services:** Jessi Rumsey

Adult and Disability Resource Center: Erin Wells; **Aspirus Health:** excused **Healthfirst:** Stephanie Peterson

Cohrs called the meeting to order at 9:00 p.m. Introductions were made. Welcome Stephanie Peterson from Healthfirst.

2. Approve Minutes of Previous Meeting(s)

a. Approval Minutes from Pervious Meeting

Motion to approve 8/2025 meeting minutes by Wells. Seconded by Rumsey. Motion Carried voice vote.

3. Approve 2026 Action Plans

a. Healthy Lifestyles Action Plan

Buntrock reviewed Healthy Lifestyles action plan. Some discussion regarding food insecurity and Marathon County hunger coalition. We also reviewed transportation, volunteerism as well as health care access. Motion to approve Healthy Lifestyles Action Plan by Wells and seconded by Rumsey. Motion carried by a voice vote. Peterson shared benefits of the monthly hunger coalitions which includes sharing work, collaborating, and picking volunteer projects to work on as a team.

b. Healthy Minds Action Plan

Bath reviewed the Healthy Minds action plan. Motion to approve the Healthy Minds action plan by Wells, seconded by Rumsey. Motion carried by a voice vote.

Healthy Aging goals for 2026. Healthy Lifestyles and Healthy Minds connect to healthy aging goals. The team discussed how to support caregivers in the community. Program names/promotion of caregiver offerings can sometimes cause a barrier with attendance.

4. Approve LWL Guiding Principles, Fact Sheet and Resolution Template

a. LWL Guiding Principles

Cohrs presented updated of the LWL Guiding Principles. Motion to approve by Wells, second by Rumsey. Motion passed by a voice vote.

b. LWL Fact Sheet on State Requirements

Cohrs shared a templated resolution as well as a fact sheet on health assessment and planning requirements for public health and hospitals. Members provide feedback on fact sheet.

c. LWL Resolution Template

5. Poverty Simulation

a. Poverty Simulation Flyer

The agenda item was reviewed during the Healthy Minds action plan review. Rumsey spearheaded the discussions. Rumsey and Bath will review Aspirus Funding request needs. Further discussion on WIC numbers. Anticipate more enrollments but have not seen this as yet. There could be confusion if WIC is still operation or also shut down. WIC continues to enroll new participants and distribute funds. Unsure how long funds will last. Foodshare enrollment update by Rumsey. Confusing with mix messages/no accurate communication via the media, the federal government and DHS with current funding for Snap. Wells reported ADRC has new dining sites up and running. Working out a few issues, such as adequate parking in the dining site.

6. Recruit New Members

Cohrs will send out a meeting invite to libraries, Kinship, United Way, Enrichment Center, Tomahawk Senior Center, TAIV and Marshfield Clinic.

7. Next Meeting Date(s): Feb 6th, May 1st, Aug 7th, Nov 6th

8. Adjourn