



## Meeting Minutes

Monday, March 17, 2025, 2:00 pm – 3:30 pm

Lincoln County Health Department, Clinic Room/Virtual

### Members Present:

|                                                    |                                     |                                                                                       |
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| X Aspirus Merrill/Tomahawk Hospitals<br>Jane Bentz | X Healthfirst, Inc.<br>Morgan Thums | <input checked="" type="checkbox"/> Lincoln County Health Department<br>Lexi Buntrock |
| X UW-Extension Food Wise<br>Shara Allen            |                                     |                                                                                       |

### Partners Present:

| Agenda Item                                                                                                                                                                          | Notes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Action Items                                                            |
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| 1. Call to Order                                                                                                                                                                     | Meeting called to order by Buntrock at 2:04 pm.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                         |
| 2. Welcome and Introductions                                                                                                                                                         | Introductions were made.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                         |
| 3. Approve Minutes of October 25, 2024 Meeting                                                                                                                                       | <b>Motion to approve minutes by Thums, seconded by Allen. All ayes. Motion carried.</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                         |
| <b>4. Agenda Items</b><br><b>A.</b> Current state/local legislation influencing healthy lifestyles<br><br><b>B.</b> Action Plan Dashboard & Annual Work Plan Updates & Brainstorming | <b>A. Current State/Local Legislation</b> <ul style="list-style-type: none"> <li><a href="#">AB 48</a> Relating to: providing state aid to reimburse public and private schools that provide free meals to all pupils for the costs of those meals and making an appropriation.</li> <li>WIC continuing resolution pass for funding over the next 6 months, with increase potentially.</li> </ul> <b>B. Action Plan Dashboard &amp; Annual Work Plan Updates &amp; Brainstorming Build and Foster Partnerships –</b> <ul style="list-style-type: none"> <li><i>Build and strengthen partnerships within the school districts of Lincoln County.</i><br/>2025: **See current efforts occurring with the schools “educate the community on healthy nutrition.<br/>Discussed connecting with the community educators at Merrill and Tomahawk School Districts. <a href="#">MAPS Community Education Website</a>; <a href="#">Tomahawk Community Education Website</a>. Maybe the master gardens can do a class if we connect them.<br/>Aspirus providing funding for MHS new initiative of cooking lessons (dollars are for ingredients, starter garden, etc.). Discussed getting hydroponic garden up and running again.</li> <li><i>Foster partnerships built in 2024 (ex. Food pantries, Farmers Markets, Tranquil Acre, ADRC).</i><br/>2024 Additions: In November, Buntrock sent Thank You letters to 9 partnerships that Healthy Lifestyles Coalition fostered in 2024.</li> </ul> | Buntrock shared the school's Community Education websites (to the left) |

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|  | <p>2025: Continue the work that is being done – examples: Food Pantry more classes (UW Extension), triple your bucks – Farmers Market \$5000 each (Tomahawk and Merrill), ADRC voucher promotion done through FoodWise.</p> <p><b>Healthy Nutrition Policies, Infrastructure, and Programs –</b></p> <ul style="list-style-type: none"> <li>Policy and structure changes within our own members organizations to promote healthy nutrition and lifestyles.<br/>2025: Partnering with different agencies to build a foundation of trust.</li> <li>Work with other entities (ex. Schools) on policy or system changes to promote healthy nutrition and lifestyles.<br/>2025: Once that partnership has built trust and a solid partnership front is visible, work with locations like schools on their healthy snack policies (this might be a multiple year effort).</li> </ul> <p><b>Address Barriers to Utilizing Local Nutrition Resource</b></p> <ul style="list-style-type: none"> <li>Distribute Lincoln County Food Resource Guide<br/>2024 Additions: Guide has been made electronic. <a href="https://www.co.lincoln.wi.us/health/page/lincoln-county-food-resource-guide">Link: https://www.co.lincoln.wi.us/health/page/lincoln-county-food-resource-guide</a><br/>2025: Make sure promoting online guide widely after updating.</li> <li>Build upon Farmers Market Campaign from 2024.<br/>2024 Additions: Buntrock created an summary of the work done in 2024. <a href="#">See attachment Farmers Market Campaign Report 2024</a><br/>2025: Heard that the Merrill Farmers Market might have to move locations. Reach out to Jenna to find out more and see how we can support. Find out what the guidelines are for having a booth at the Farmers Market – see if Jenna would like the coalitions help to promote this. Thums would like to spend some time helping promote vouchers at the Farmers Market this year if time allows.</li> </ul> <p><b>Strengthen and Enhance Food Support Systems</b></p> <ul style="list-style-type: none"> <li>See how we can help support and advance the efforts of the partnerships' food systems (ex. Food Pantries, Farmers Markets, Tranquil Acres, ADRC, Schools)<br/>2024: Buntrock created, purchased and delivered a Food Pantry Sandwich Board to the Open Hearts Food Bank (Trinity) in December.<br/>2025: Continue the work we did with promoting vouchers at the Farmers Market. See efforts above on assisting the Farmers Market. For Food Pantries hold classes. For Schools, see other sections (many areas overlap).</li> <li>Destigmatize food insecurities</li> </ul> | <p>Buntrock to update the Food Resource Guide.</p> |
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|  | <p>2025: Discussed potentially getting quotes from people who have been there and going through this.</p> <p><i>**Stemmed from hearing about people not wanting to go to the Food Pantry due to being seen, internally feelings, etc.</i></p> <ul style="list-style-type: none"> <li>Find a group to take over Stockboxes. Then as a coalition we can help promote and expand program</li> </ul> <p>2025: Work to find someone to take over Stockboxes – UW FoodWise still doing. There is also waitlists – this is due to not enough boxes – not lack of leadership time. Therefore don't promote up new leadership is found AND there is adequate supply of stockboxes.</p> <p>Stockbox data:</p> <p>Nov/Dec 2024: Merrill (49), Tomahawk (45); January: Merrill (44), Tomahawk (26), February: Merrill (45), Tomahawk (24).</p> <ul style="list-style-type: none"> <li>Promote Gleaning Toolkit</li> </ul> <p>2025: Complete one effort to promote the gleaning toolkit.</p> <p><b>Educate the Community on Healthy Nutrition</b></p> <ul style="list-style-type: none"> <li>Provide food demos to Head Starts and at the Menard Center</li> </ul> <p>2025: Food Demos planned for April 7<sup>th</sup> at PRSYL</p> <ul style="list-style-type: none"> <li>Provide nutritional educational classes in the schools</li> </ul> <p>2025: Allen's update:</p> <p><i>*Kate Goodrich teaching series (113 2<sup>nd</sup> graders, 5 lessons/classroom - 6 classrooms)</i></p> <p><i>*Washington teaching series (116 3<sup>rd</sup> graders, 5 lessons/classroom - 6 classrooms)</i></p> <p><i>*Bingocize at Jenny Towers (evidence-based exercise program designed for adults 65+ that incorporates nutrition education within a game of bingo). 6 seniors signed up. 10 weeks – currently running.</i></p> <p><i>***Future plans: PRYSL programming, nutrition/budgeting classes at Food Pantry and Jenny Towers.</i></p> <ul style="list-style-type: none"> <li>Attend one-time events throughout the year</li> </ul> <p>2025: Upcoming Events:</p> <p>Children's Fest 4/5 – Buntrock</p> <p>Lincoln County Community Baby Showers (Tomahawk 4/24 - Allen Merrill 10/7 - Allen)</p> <p>Tomahawk Night Out 8/5 - Buntrock</p> <p>Merrill Community Night Out 8/19 – Buntrock</p> <p><i>**Discussed potential booth ideas – include food tasting, plinco, wheel spinner, etc.</i></p> |  |
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